AD SUMMA SEMPER

PROGRAMME OVERVIEW · 2026

Train the Trainer

Certificate in Mandatory Training Delivery for Health and Social Care · Level 3

A two-stage blended certification for health and social care professionals who train others. It prepares you to deliver Manual Handling, Fire Safety and Medication Management training inside your own organisation.



CUSTORIS COLLEGE

TWO-STAGE BLENDED PROGRAMME

£999 PER PERSON · 50% OFFER

CPD ACCREDITED PROVIDER 2026–2028

Restraint Reduction Network Member

THE PROGRAMME

Training your own people, to a standard you can evidence.

Sending every staff member out for mandatory training stops making sense at a certain size, on cost, on rota and on consistency. Building the capability in-house solves that, but only if the person delivering it can demonstrate they were trained to do so.

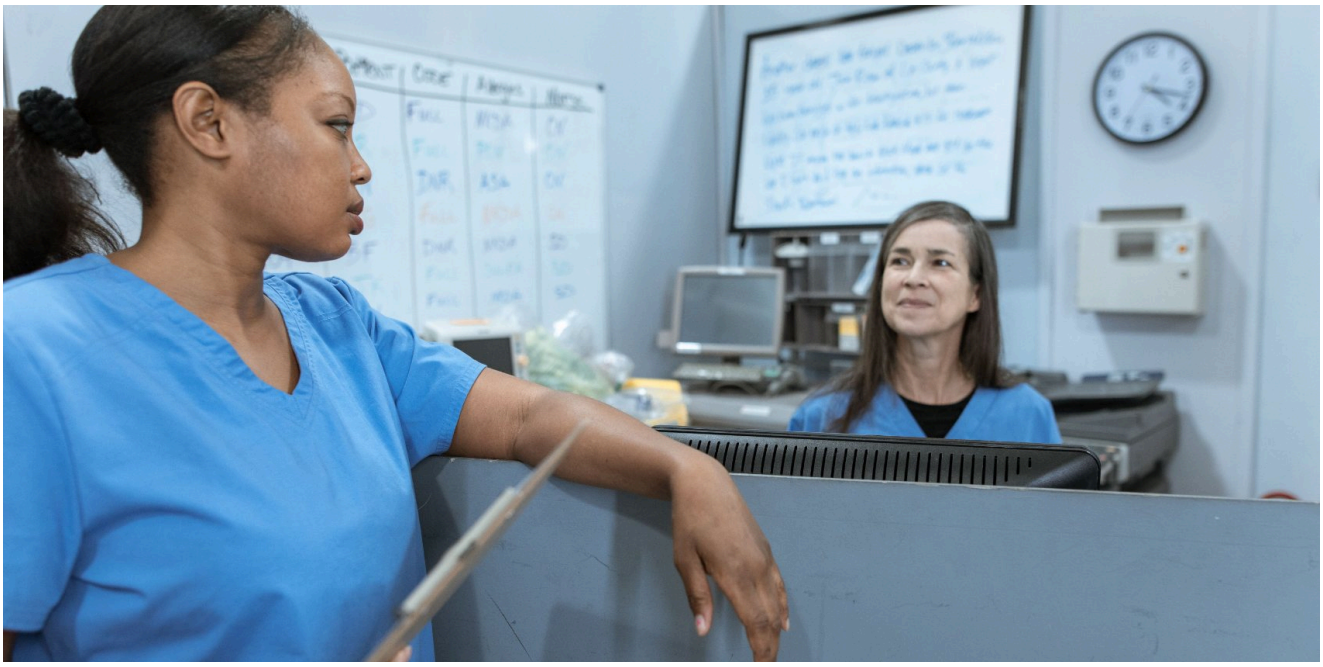
Train the Trainer is a two-stage blended certification. You complete the online course first, then attend a single five-hour session, live webinar or face-to-face at the College, to finish the learning and deliver an observed microteach. On completion you are authorised to deliver Manual Handling, Fire Safety and Medication Management training in your own organisation, with a certificate and authorisation record you can put in front of an inspector or an appraiser.

£999
PER PERSON · WAS £1,999
50% OFFER TO JAN 2027

18–20 hrs
STAGE 1
ONLINE, SELF-PACED

5 hrs
STAGE 2
WEBINAR OR IN PERSON

No expiry
CERTIFICATE
REFRESHER EVERY 2 YRS



Why it is built this way

Theory is better learned at your own pace; teaching practice can only be assessed by watching someone teach. Splitting the programme lets each stage do what it is good at, and keeps time away from the floor to a single day.

A broader audience than most

Provision in this sector is usually built for one group: clinical staff only, or care staff only. This programme is written for the full range of people who actually end up training others across health and social care settings.

SUITABLE FOR

Anyone responsible for training others in a health or social care setting.

Clinical and Medical

- Doctors and physician associates
- Nurses and allied health professionals
- Clinical educators and supervisors

Care and Residential

- Registered managers
- Senior carers and team leaders
- Residential childcare senior staff

Workplace and Compliance

- L&D and training leads
- Compliance and quality leads
- HR and workforce development staff



What it lets you evidence

- **CQC inspection.** That mandatory training is delivered by someone trained and authorised to deliver it
- **Ofsted inspection.** The same, for children's residential and supported accommodation settings
- **Appraisal and revalidation.** Documented teaching practice with an observed assessment
- **CPD records.** A CPD-accredited certification with a dated authorisation record

Entry to the programme is open, with no prior teaching qualification required. What you bring is subject knowledge and working experience in your setting; the programme supplies the teaching practice.

STRUCTURE

Two stages, in order.

Stage 1 is mandatory before Stage 2. You cannot book onto the session until the online course is complete. The session assumes the theory and spends its time on practice.

01

MANDATORY FIRST

Online course: 18–20 hours, self-paced

Worked through in your own time, on any device. Covers the theory a trainer needs before standing in front of a room, and closes with three written assignments submitted for tutor review.

- Roles, responsibilities and boundaries of the trainer
- How adults learn, and what that changes about delivery
- Planning a session: aims, outcomes, sequencing, timing
- Inclusive practice and reasonable adjustments
- Assessment, questioning and giving usable feedback
- Three written assignments, tutor-reviewed

02

AFTER STAGE 1

One five-hour session: live webinar or face-to-face at the College

A single day that completes the learning and assesses it. You choose the format when you book; both cover the same content and carry the same assessment.

- Delivery technique, presence and managing a room
- Handling questions, resistance and mixed ability
- Subject-specific guidance for the three authorised topics
- Preparation time for your microteach
- **Observed microteach.** You teach, you are assessed
- Individual feedback and authorisation decision

Choosing your Stage 2 format

Live webinar

No travel and no overnight. You deliver your microteach to the cohort over video, and are observed and assessed exactly as you would be in the room. Best where rota cover is the binding constraint.

Face-to-face at the College

A full day in the room with your cohort. Some people find delivery easier to practise in person, particularly for the physical elements of Manual Handling. Best where you want the day away from the floor.

Both formats run to the same five hours, cover the same content and carry the same observed assessment. You choose when you book.

ASSESSMENT

Assessed on what you can do, not what you sat through.

COMPONENT	STAGE	WHAT IS ASSESSED
Three written assignments	Stage 1	Your understanding of the trainer's role, session planning, and inclusive assessment practice. Tutor-reviewed with written feedback.
Observed microteach	Stage 2	You plan and deliver a short session to the group and are observed against the College's delivery criteria. Assessed live, with individual feedback.



On successful completion

- A Custoris College Train the Trainer certificate
- A dated trainer authorisation record
- Authorisation to deliver three topics in your own organisation
- CPD hours logged for your professional development record

You are authorised to deliver

- Manual Handling
- Fire Safety
- Medication Management

What the microteach involves

- A short session you plan yourself, on a topic you will actually teach
- Delivered to the group, with time held for questions
- Observed against the College's delivery criteria
- Individual written feedback, whatever the outcome

Certificate validity

Your certificate does not expire. A trainer authorisation refresher is recommended every two years to keep your authorisation record and your practice current. See page 06.

STAYING CURRENT

Train the Trainer Refresher

A single-stage reassessment, carried out face-to-face or online with the College's accreditors. It reviews your delivery against current guidance and refreshes your trainer authorisation record. Recommended every two years.

£195
PER PERSON

One stage
REASSESSMENT ONLY
NO COURSE TO REPEAT

2 years
RECOMMENDED
INTERVAL

Eligibility

- A valid Level 3 Award in Education and Training, or an equivalent Train the Trainer certification
- A portfolio evidencing the training you have delivered since certifying



How to book

1. Book your reassessment and choose face-to-face or online
2. Send your portfolio to **support@custoriscollege.uk** for verification
3. Attend the reassessment with the College's accreditors
4. Your authorisation record is refreshed and reissued

What the reassessment covers

- Your delivery technique, reviewed against current guidance
- Changes to the three authorised topics since you certified
- Your session planning and assessment practice
- Any issues arising from the portfolio you submitted

What your portfolio should show

Records of the training you have delivered since you certified: dates, topics, attendee numbers, and any session plans or feedback you hold. It is verified ahead of the session so the reassessment itself can focus on your practice.

QUALITY ASSURANCE

What stands behind the certificate.

CPD accreditation

Custoris College is a CPD Accredited Provider, accredited by the CPD Standards Office for 2026–2028. Programme hours are logged in a form your professional body will recognise for CPD purposes.

Written and reviewed by practitioners

Course content is written by people with direct experience in the settings it is built for, and reviewed before publication. Every College course page names its reviewer.

Assessed, not just attended

Certification depends on an observed microteach and tutor-reviewed written work, not on attendance alone. Your authorisation record is dated and reissued at each refresher, so it shows when your practice was last assessed.

Independent of the regulators

Custoris College is not affiliated with, approved by or endorsed by the Care Quality Commission, Ofsted, or any other inspection body referenced in this document. Mapping to regulatory guidance is our own internal content reference, based on published guidance.

Restraint Reduction Network member

Custoris Education Ltd is a Restraint Reduction Network member, membership number RRN12938. The membership commits us to reducing restrictive practice across the sectors we train.

COMMON QUESTIONS

Can I skip the online course?	No. Stage 1 is mandatory before Stage 2 and the session is built on the assumption that it is complete.
Webinar or face-to-face: is one better?	Both cover the same content and carry the same observed microteach. Choose on travel and rota.
Do I need a teaching qualification first?	No. Entry is open. You bring subject knowledge; the programme supplies the teaching practice.
What if I do not pass the microteach?	You receive individual feedback and can be reassessed. Talk to us about arrangements.
Can we run this for a whole team?	Yes. Organisation pricing and dedicated cohorts are available, contact us to scope it.
Can I take one subject instead of the whole certificate?	Yes. Each of the seven subject units is a complete trainer qualification on its own. A unit is ordered as three parts, the Core teaching module at £19.99, the unit itself at £199 and the Capstone assessment at £99, which come to £317.99. All three are required for the unit to certificate, and the Stage 2 session is included.

Dates, formats and cohort sizes are confirmed at booking.



NEXT STEP

Book a place, or talk it through first.

Train the Trainer

Two-stage blended certification · £999 per person
50% offer for new providers to January 2027; £1,999 thereafter

A single subject unit

Core module £19.99 + unit £199 + Capstone £99 · £317.99 per person
50% offer to January 2027; £518.99 thereafter

Train the Trainer Refresher

Single-stage reassessment · £195 per person

Get in touch

support@custoriscollege.uk
0330 223 8004, 9am to 5pm, Monday to Friday
custoriscollege.uk/education-training

“Training your own people is only worth doing if you can prove who trained them, and to what standard.”

Custoris College UK is a trading name of Custoris Education Ltd (company no. 17361330), a wholly-owned subsidiary of Custoris Ltd. Professional education, workforce development and applied research.